

VasectomyCenter – Seattle * Eastside * Edmonds

Specializing in No-Needle No-Scalpel Vasectomy

James E. Gottesman, MD

Wayne D. Weissman, MD

Swedish Issaquah Campus Swedish Greenlake Clinic Edmonds Family Medicine

(425) 394-0773 www.VasectomyCenter.com

POST VASECTOMY SEMEN SPECIMEN DIRECTIONS

5:30 pm - 8 pm on Fridays

8:30 am – 11:00 am on Saturdays

Do not leave specimens at Lab or Emergency Room desk - they will be discarded.

Only one clinic will view specimens each weekend that we are open. You will need to call to see if we are in the Seattle, Eastside or Edmonds clinic. Please call (425) 394-0773 before bringing in a specimen.

The clinic is open to view vasectomy specimens ONLY from 5:30 to 8 pm on Fridays and 8:30-11:00 am on Saturdays. There will be no one to view the specimens at other times. We will try to call you on the same day that we receive the specimen. Leave a cell-phone number if that is more convenient.

Semen specimens should be collected in closed and sealed containers. We will provide you with two containers when you leave our clinic following your vasectomy. You do not have to use these specific containers and any small jar or sealed container, such as a baby food jar is adequate. You are free to return to the clinic to obtain more containers. Please bring the labeled containers in a labeled paper bag.

We will not accept specimens delivered in condoms, Ziploc or any plastic bags. Each jar should be labeled with the date, your name, birthdate and approximate time the specimen was collected. Your name should be on both the container and the bag. Otherwise, once separated we would have no way of identifying the contents. Semen should be delivered to the clinic within a day of ejaculation. Semen older than a day may be difficult to interpret. The first specimen should be brought in after approximately 12 ejaculations and not before 6 weeks after the vasectomy. If a specimen is negative for sperm (no sperm are seen) the next semen specimen can be brought in at any time. If there are still sperm present, the next specimen should be a minimum of 2 weeks later. You will need two consecutive negative specimens to be considered sterile.

Note: in medical terminology a “positive” specimen means that sperm were seen. If you are told the specimen is positive do not interpret that as NO SPERM.

You should continue to use whatever contraception you and your partner are using until we confirm that you are sterile.